1. Verbs followed by the ing-form - Verbs followed by the '-ing' form

When the following verbs are followed by a verb, then it must be in the '-ing' form.

admit, appreciate, avoid, celebrate, consider, contemplate, defer, delay, deny, detest, discontinue, dislike, dispute, endure, enjoy, escape, excuse, explain, fancy, feel like, finish, forgive, can't help, hinder, imagine, keep, loathe, it means, mention, miss, it necessitates, pardon, postpone, practise, prevent, recall, report, resent, resist, risk, suggest, understand